

FASNACHTSFERIEN

MONTAG 24.2.20 – SONNTAG 8.3.20

MO	24.2.20		MO	2.3.20	
09.00	Pilates Mat	Angela		MORGESTRAICH,	
10.15	Pilates Reformer 60+	Simi		STUDIO GESCHLOSSEN	
12.30	Yoga	Richie	DI	3.3.20	
12.30	Pilates Reformer	Sabine	12.30	Yoga	Simi
18.00	Yoga	Simi	17.45	Core Pilates Reformer	Daniela
18.15	Pilates Reformer	Michi	19.00	Pilates OOV	Daniela
19.30	Pilates Mat	Richie	MI	4.3.20	
19.30	TRX	Daniela	09.00	Yoga	Richie
DI	25.2.20		12.30	Pilates Reformer	Michi
07.00	Morning Yoga	Tamara	12.30	Yoga	Silke
09.00	Pilates Mat	Simi	18:00	Pilates Reformer	Sabine
12.30	Yoga	Simi	18.15	Yoga	Silke
12.30	TRX & Pilates	Michi	19.15	Pilates Reformer	Angela
17.45	Core Pilates Reformer	Daniela	19:30	Pilates Mat	Sabine
18.00	Yoga	Victor	DO	5.3.20	
19.00	Pilates OOV	Daniela	07.00	Morning Yoga	Simi
19.15	Ashtanga Yoga 90'	Richie	09.00	Pilates Reformer	Simi
MI	26.2.20		09.00	Yoga	Richie
09.00	Yoga	Richie	12.30	Pilates Mat	Kathrin
12.30	Pilates Reformer	Michi	12.30	Yoga	Michi
12.30	Yoga	Simi	18.00	TRX	Kathrin
14.30	Pilates 60+	Simi	18.15	Pilates Mat	Michi
18.00	Pilates Reformer	Tamara	19.30	Yoga	Silke
18.15	Yoga	Victor	20.30	Mindfulness	Silke
19.15	Pilates Reformer	Simi	FR	6.3.20	
19.30	Pilates Mat	Tamara	09.00	Yoga 75'	Richie
DO	27.2.20		SA	7.3.20	
07.00	Morning Yoga	Simi	10.00	Yoga	Richie
09.00	Pilates Reformer	Simi	11.15	Pilates Mat	Kathrin
09.00	Yoga	Richie	SO	17.3.19	
12.30	Pilates Mat	Kathrin	10.00	Sunday Yoga 90'	Simi
12.30	Yoga	Michi			
18.00	TRX	Tamara			
18.15	Pilates Mat	Michi			
19.30	Yoga	Silke			
20.30	Mindfulness	Silke			
FR	28.2.20				
09.00	Yoga 75'	Richie			
10.30	Pilates Reformer	Angela			
12.30	Pilates Reformer	Angela			
SA	29.2.20				
10.00	Yoga	Daniela			
11.15	Pilates Mat	Daniela			
SO	1.3.20				
10.00	Sunday Yoga 90'	Richie			